

WEST CENTRAL BREAKFAST & LUNCH MENU

January 2025

PK Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 Banana Bread, Cereal Juice, Fruit, Milk	7 Pancake / Syrup, Cereal Yogurt, Fruit, Milk	8 Tornado, Cereal Juice, Fruit, Milk	9 Poptart, Cereal Yogurt, Fruit, Milk	10 French Toast Sticks / Syrup Cereal, Fruit, Milk
13 Biscuits & Gravy, Cereal Juice, Fruit, Milk	14 Bagel, Cereal Yogurt, Fruit, Milk	15 Waffle / Syrup, Cereal Juice, Fruit, Milk	16 Muffin, Cereal Yogurt, Fruit, Milk	17 Breakfast Pizza, Cereal Fruit, Milk
20 NO SCHOOL	21 Pancake / Syrup, Cereal Yogurt, Fruit, Milk	22 Tornado, Cereal Juice, Fruit, Milk	23 Poptart, Cereal Yogurt, Fruit, Milk	24 French Toast Sticks / Syrup Cereal, Fruit, Milk
27 Egg & Cheese Biscuit Cereal, Juice, Fruit, Milk	28 Bagel, Cereal Yogurt, Fruit, Milk	29 Waffle / Syrup, Cereal Juice, Fruit, Milk	30 Muffin, Cereal Yogurt, Fruit, Milk	31 Glazed Donuts, Cereal Fruit, Milk

Elementary - Middle School - High School

Monday	Tuesday	Wednesday	Thursday	Friday
		1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 Banana Bread, Cereal Juice, Fruit, Milk	7 Pancake / Syrup, Cereal Yogurt, Fruit, Milk	8 Tornado, Cereal Juice, Fruit, Milk	9 Poptart, Cereal Yogurt, Fruit, Milk	10 French Toast Sticks/ Syrup Cereal, Fruit, Milk
13 Biscuits & Gravy, Cereal Juice, Fruit, Milk	14 Bagel, Cereal Yogurt, Fruit, Milk	15 Waffle / Syrup, Cereal Juice, Fruit, Milk	16 Muffin, Cereal Yogurt, Fruit, Milk	17 Breakfast Pizza, Cereal Fruit, Milk
20 NO SCHOOL	21 Pancake/ Syrup, Cereal Yogurt, Fruit, Milk	22 Tornado, Cereal Juice, Fruit, Milk	23 Poptart, Cereal Yogurt, Fruit, Milk	24 French Toast Stick / Syrup Cereal, Fruit, Milk
27 Egg & Cheese Biscuit, Cereal Juice, Fruit, Milk	28 Bagel, Cereal Yogurt, Fruit, Milk	29 Waffle / Syrup, Cereal Juice, Fruit, Milk	30 Muffin, Cereal Yogurt, Fruit, Milk	31 Glazed Donut, Cereal Fruit, Milk

**PK - 12TH GRADE
LUNCH MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 Maidrite / Bun Cooked Carrots Applesauce Pickles, Onions	7 Pizza Crunchers Marinara Sauce Corn Pineapple Bug Bites	8 BBQ Rib Patty / Bun Broccoli & Cauliflower Ranch Dressing Pears	9 Frito Lay Chili Bowl Shredded Lettuce & Cheese Diced Tomatoes Ranch or French Dressing Peaches, Cookie	10 Grilled Chicken / Bun Baked Beans Mixed Fruit
13 Cheeseburger / Bun French Fries Broccoli, Ranch Pears, Pickles, Onions	14 Corn Dog Mixed Vegetables Mandarin Oranges	15 Taco-In-A-Bag Shredded Lettuce & Cheese, Diced Tomatoes Refried Beans, Salsa Sour Cream, Peaches	16 Salisbury Steak Mashed Potatoes, Gravy Butter, Cooked Carrots Mixed Fruit, Bread & Butter	17 Pizza Burger Green Beans Pineapple, Pudding
20 NO SCHOOL	21 Crispitos Cheese Sauce, Salsa Mixed Vegetables Applesauce Cookie	22 Chicken Nuggets Mashed Potatoes Gravy or Butter Corn Peaches Roll & Butter	23 Tenderloin / Bun Cooked Carrots Baked Beans Mixed Fruit	24 Pizza Romaine Lettuce & Spinach Ranch or French Dressing Pears Rice Krispie Treat
27 Breaded Chicken / Bun Baked Beans Mandarin Oranges	28 Cheesy Bread Sticks Marinara Sauce Peas Pineapple	29 Hot Dog / Bun Carrot Sticks, Ranch Chips Apple Slices	30 Chicken Strips Broccoli & Cheese Pears Cookie	31 Pulled Pork / Bun Green Beans BBQ Sauce Applesauce